

Becoming parents is a time of transition that can present special challenges to the couple relationship. Knowing what to expect and learning some ways to meet these challenges can strengthen your marriage and enable you to be better parents together.

Grace and Growth Counseling Center is proud to bring you a special presenter for this workshop.

Catherine McCall, M.S., L.M.F.T. is a Licensed Marriage and Family Therapist in Georgia, a Clinical Member of the American Association for Marriage and Family Therapy, and a Certified Gottman Educator. She has provided individual, couple and family therapy in her private practice in the Roswell, East Cobb area of Atlanta, since 1986.

In addition to her experience as a therapist, teacher and speaker, she was among one of the first graduates of John Gottman, Ph.D.'s national *Bringing Baby Home* educator certification program in 2005.

You can learn more about Ms. McCall on her website at www.catherinemccall.net.

Grace and Growth Counseling Center is a non-profit charitable organization in Sandy Springs offering:

- *Psychotherapy for individuals and families*
- *Professional continuing education workshops*
- *Community education and enrichment workshops in specialized areas to couples, families and groups*



348 Mount Vernon Highway, N.E.
Sandy Springs, GA • 30328

Love, Marriage and Babies

*A Mini-Workshop
for Couples with
Babies and for
Couples Expecting
Babies*

Sunday, July 17, 2011
1 to 3 p.m.

Presented by Grace and
Growth Counseling Center
at Holy Spirit Catholic Church
4465 Northside Drive NW
Atlanta, GA 30327

John Gottman, Ph.D., a national expert on the transition to parenthood, believes that “the greatest gift you can give your child is a strong relationship between the two of you.”

The real cradle that holds your baby is the emotional tone of your marriage.

This two-hour marriage enrichment experience can be helpful to couples that are expecting as well as couples that have a baby at home. It will help you create a strong, respectful, affectionate family base within which your baby can thrive.

During this workshop you will learn:

- * what to expect during this phase of your marriage
- * specific ways you can interact with your baby
- * how to strengthen the friendship quality of your couple relationship
- * ways to enhance intimacy
- * skills that can help you regulate couple conflict

This mini-workshop will include lecture, experiential exercises, and short films. Each couple will also receive handouts for practice at home.

This is an educational workshop and is not intended to provide therapy.

Love, Marriage and Babies

Date: Sunday, July 17, 2011

Time: 1 to 3 p.m.

Cost: \$30.00

Location: Holy Spirit
Catholic Church
4465 Northside Drive
NW, Atlanta, GA 30327

Registration is required by
July 12, 2011

Please complete this registration form and mail with a check made payable to “Grace and Growth Counseling Center” for \$30.00 to:

*Grace and Growth
Counseling Center
348 Mt. Vernon Highway NE
Sandy Springs, GA 30328*

**Do not mail registration
to Holy Spirit Catholic Church.**

Confirmation and directions will be sent to you.

Contact Linda Sweeney, L.C.S.W. at
678-235-3912 or

LSweeney@graceandgrowth.org
if you need more information.



Registration:

Love, Marriage and Babies

Name of Couple:

Address:

Telephone:

E-Mail:

We prefer confirmation sent via
 E-mail **U.S. Mail**

Parish (If applicable):

Please describe your family:
**(Baby due date, or baby's birthday,
years married, other children ...)**

**How did you learn about this
workshop?**
